

## **Adults' Health and Wellbeing Partnership**

A meeting of Adults' Health and Wellbeing Partnership was held on Tuesday 4 March 2015.

**Present:** Jane Humphreys (Chairman),

Steve Rose (Catalyst), Steve Chaytor (Tees Active), Andrea Walker (Prison Service) Julie Parkes (NTHFT), Jonathan Berry (HAST CCG), Dave Kitching, Cllr Jim Beall, Colin Snowden, Richard Poundford, Neil Russell, Graham Clingan and Simon Willson, Reuben Kench, Julie Nixon, Sarah Bowman Abouna (Stockton on Tees Borough Council)

**Officers:** Michael Henderson, Margaret Waggott, Jenny Cowell (Stockton on Tees Borough Council)

**Also in attendance:** Clare Bambra (Durham University)

**Apologies:** Superintendent Ian Coates (Cleveland Police), Mick Hickey (Stockton Riverside College), Natasha Judge (Healthwatch), Simon Forrest (Durham University), Lesley Gibson (Harbour); Jeff Evans (Probation), Tina Jenks (TEWV) Emma Champley, Peter Kelly, Steve Hume (SBC)

### **1 Declarations of Interest**

There were no declarations of interest.

### **2 Minutes of the meeting held on 6 January and 3 February 2015**

The minutes of the meetings held on 6 January and 3 February 2015 were agreed as a correct record.

### **3 Minutes of the Children and Young People's Partnership held on 26 January 2015**

The minutes of the meeting of the Children and Young People's Partnership held on 26 January 2015 were noted.

### **3 Health Inequalities**

Members considered a presentation from Professor Clare Bambra from the Centre for Health and Inequalities Research, Durham University relating to a Health Inequalities study that was being undertaken in Stockton.

It was noted some of the reasons Stockton had been chosen for the study:

- its high health inequalities, with life expectancy gaps of up to 16 years between the most and least deprived wards.
- Stockton was a highly differentiated place with areas of poverty existing alongside areas of affluence.

- Stockton was one of the first areas to be studied in terms of the effects of economic downturn and austerity on health. That study taking place 75 years ago by Dr George M'Gonigle.

Members were provided with some detail of how the study was being undertaken, some contextual baseline data and the key questions the study would look to provide answers to.

The Partnership discussed the effects benefit sanctions were having on health, and noted that emerging results from the study indicated that they were aggravating existing health problems and particularly exacerbating mental health issues.

It was explained that the current sanctions regime had led to cases of a total loss of income resulting in an inability to afford to eat, or heat at levels required to maintain good health, or recover from illness.

The Partnership considered the presentation and was very enthusiastic about the study. A number of questions were asked and comments made and discussion can be summarised as follows:

- it was explained that data for Tees Valley indicated high levels of referral into Children's Social Services. It was suggested that the emerging findings and eventual outcomes of the study may help our understanding of factors influencing this and other issues.
- the research would greatly assist in providing robust evidence based data relating to the social, material, behavioural etc. factors underpinning the health inequalities that existed in the Borough. This would help Partners to better target interventions.
- in terms of smoking and alcohol consumption there was an suggestion that some people in the Borough had become desensitised to some behaviours, for example 60 units of alcohol consumption per week was not as unusual as would be expected.
- data on other issues, such as the more detail on the impact of alcohol and drugs misuse on incidents of domestic abuse may come out in future interviews within the study.
- there was a request for additional information from the study about physical activity and environmental factors. This was available and would be circulated to members.
- it was suggested that information could be circulated and or a report provided to the Health and Wellbeing Board, Children's Partnership and Commissioning Groups. A future half day event would be of benefit to

partners developing, commissioning and delivering services.

- It was requested that regular updates on the study be presented to this Partnership.
- data from the study could be included in the JSNA.

RESOLVED that:

1. the presentation and emerging information from the study be noted.
2. further information relating to physical activity and environmental factors be provided to members.
3. consideration be given to arranging a half day event in the future, relating to data coming from the study.
4. further updates be provided to the Partnership.

#### **4 Teeswide Safeguarding Adults Annual Report**

Members considered a report that presented the Annual Report of the Tees-wide Safeguarding Adults Board (TSAB)

It was explained that a Tees-wide Safeguarding Adults Board was in place, with an Independent Chair, Ann Baxter. The Board would be the Statutory Safeguarding Adults Board in line with the Care Act 2014, from April 2015. Local Executive Groups: Safeguarding Adults, were in place in each Local Authority area. A number of Sub Groups had been established to look at particular issues and these were chaired by members of the Board.

A Business Unit had been had been recruited and performance framework was being developed.

RESOLVED that the Annual Report be noted.

#### **4 Health and Wellbeing Board Performance Update**

The Partnership considered a report that provided a performance update regarding key indicators from the performance monitoring framework for the Joint Health and Wellbeing Strategy delivery plan, at January 2015. This report had been considered by the Health and Wellbeing Board which had agreed that it be circulated to both Partnerships.

Members discussed the report and the following was highlighted:

- people accessing smoking cessation services had dropped, but the decrease in accessing services was lower in Stockton than most other areas of the North East. The impact of e-cigarettes was likely to have been a significant factor in this and the decrease reflected the national picture. Further national research was underway on the impact of e-cigarettes. Local data was being analysed to understand this and assist with targeting the services in the areas of highest smoking prevalence and lowest quit rates.

- the Council's Scrutiny programme 15/16 contained a review of Mental Health and Wellbeing (including Suicide and Self Harm). The Partnership would receive details of outcomes from this review. CAMHS services would be put forward as a potential review of the Tees Joint Scrutiny Committee during 15/16.

- a new tier 2 Family Weight Management Service had been commissioned by the Council and would commence April 2015

RESOLVED that the report and discussion be noted.

### **Partner Contribution Session**

Members considered a brief report that summarised the aim and structure of the Partners' contribution session arranged for March 2015 and the information requested from all partners at the session.

RESOLVED that all partner organisations on the Adults' Health and Wellbeing Partnership are note the aim of the session and prepare their contributions for the Partners' session on 23 March 2015.

## **6 Forward Plan**

RESOLVED that the plan be agreed.